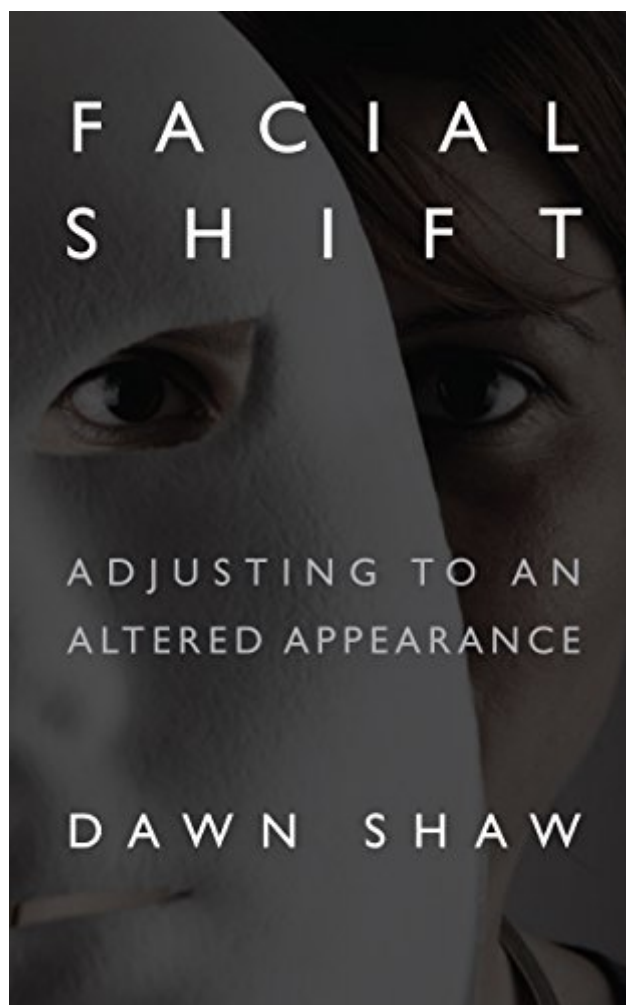


The book was found

Facial Shift: Adjusting To An Altered Appearance



Synopsis

Your face, and your life, has been radically altered. Accident, military injury, medical condition...the result is the same. You are now having to confront the world with a "different" face, and understandably this has wrecked your self-image and undermined your confidence, leaving you with a thousand questions and concerns including: • What should I do when people stare at me? • What are my medical options? • Wouldn't it be easier if I just stayed home and didn't go anywhere? • And most significantly, How will this physical change affect current and future relationships? • Will anyone ever be able to love me? In Facial Shift, author Dawn Shaw addresses those questions and more. Dawn was born with a rare tumor, the removal of which left her face half-paralyzed. She has lived her entire life, nearly half a century, with a different face, yet has been able to lead a happy and productive life. She doesn't allow her different face to stop her from interacting with the world, and joins the visible likes of Lizzie Velazquez, whose rare condition which doesn't allow her to retain body fat once earned her the title of "ugliest woman on the internet," and severely burned Iraq war veteran turned actor/author/speaker JR Martinez, in overcoming their physical differences and who work instead to influence the world in a positive way. Lizzie became a best-selling author and motivational speaker, starring in her own documentary in 2015. JR acted in All My Children, won Dancing with the Stars in 2011, and penned a best-selling memoir. While not quite as high-profile, Dawn's successes include becoming an award-winning video editor, earning international certification as an Icelandic horse trainer, hosting an online webinar series addressing appearance-related issues called Friending the Mirror, and sharing her universal message of resilience and embracing differences with groups of varying ages as a professional motivational speaker. Dawn has also been in a happy marriage for twenty years and counting. Yes, there will be challenges and emotional pain to endure. However, there can also be triumph, joy and love. This book will help you: • Evaluate your own feelings about your change. • Understand the reactions of others. • Avoid social isolation. • Gain confidence that romance is possible. • Take control of your life so you can move forward. Facial Shift is about integrating your life before and after, and is a helpful guide to navigating the world with a facial difference. You can count on it as a source of hope, validation and reassurance, as well as a link to a vibrant community of people who can share experiences and tips for dealing with the common challenges associated with surviving, and thriving in the world with a changed countenance.

Book Information

File Size: 1044 KB

Print Length: 76 pages

Publisher: Facing Up to It (March 18, 2016)

Publication Date: March 18, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01D5LBHW0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,351,932 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #34

in Kindle Store > Kindle eBooks > Medical eBooks > Specialties > Surgery > Oral & Maxillofacial

#148 in Books > Medical Books > Medicine > Surgery > Oral & Maxillofacial #351 in Kindle

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Customer Reviews

Excellent writing, a very easy read and a complete steps by step to follow for those of us that have "Facial Differences" and I would say Mental Differences to deal with the issues that you have run into. The process is all the same.

It is simple human nature to be curious about things & people that look 'different' to us. Dawn Shaw's latest book gives a easily digested view of what it is like to adjust to and live with a facial difference. Although this book is targeted to people who suddenly find themselves dealing with a facial difference due to a traumatic event (accident, medical issue) it provides very useful information to those who are close to them, and those who may casually encounter them as well. I was especially interested to learn how, upon seeing someone who's face is somehow different, the brain processes that information and the subsequent reaction. Resources are provided for those who wish to delve further into the subject.

As a reader who hasn't been impacted by a facial difference, this book was incredibly eye-opening. Facial Shift offers a new perspective, and deeper understanding, of what others may be

experiencing when they don't have symmetrical facial features. I have a better understanding as a person, and a parent, of how to be compassionate when encountering others who appear different from me, and how to model my behavior for my children. By reading this book, you'll gain a better understand of what it's like to have a facial difference and be able to handle yourself in a respectful manner. Beautifully written and inspirational, this quick read is not to be missed.

In *Facial Shift*, Shaw gives the reader point by point insights drawn from her own experience. This is a great book for anyone who wants to understand the psychological process that humans go through when they have a permanent facial difference. It's a wonderful exploration for those without facial differences as well. Shaw's spirit shines through her writing.

Every once in a while you come across a book that you just know is going to change lives. This is one of them. There are so many people I want to give this book to, and not all of them have altered appearances. Dawn wrote a beautifully powerful book that helps rethink how to look at difference. My favorite line? The last one. "Light up the world with your asymmetrical smile." This book is a gift.

If you have ever felt different â€“ visibly different â€“ this book by Dawn Shaw is for you. She shows us what is possible and inspires us all to keep a positive balance in our emotional bank accounts. Most importantly, you will know that you're not alone and that a fulfilling, purposeful and happy life is not being withheld from you.

What a fascinating read for those with facial difference, and those without. I first want to say, "Thank you," to Ms. Shaw for her courage and her desire to turn something that could have been devastating into a gift that she gives to the world. Dawn has decided that she would provide guidance and inspiration to those who have experienced permanent injury to their faces. Though I am blessed to have the face I was born with (no major alteration to my appearance), I am inspired by the work around how we see differences - I am African American and certainly have witnessed people being treated differently because of their appearance. What an inspiration, and what a solid piece of work.

This is an amazing book! So much of what she talks about is relevant for me. Even though I don't have a facial difference, I do use a white blind cane so get stared at quite often. Her insight into having differences was amazingly accurate and at times, profound. I highly recommend this

book for everyone. I promise youâ™ll learn something.

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